# K. DESSERTS (SAUCES AND TOPPINGS) No. 0

# INDEX

# Card No.

auces	
Cherry	K-4
Cherry Jubilee	
Chocolate	K-5
Coconut	K-5-1
Marshmallow	K-5-2
Mint	K-5-4
Nut	K-5-3
Lemon	K-9
Rum	K-3
Strawberry Glaze	K-7
Vanilla	
oppings	
Whipped Cream	K-1
Whipped Topping	
Dehydrated	K-2
Frozen	

#### WHIPPED CREAM

YIELD: 100 Portion	s (1 Gallon)	EACH PORTION: 2 to 3 Tablespoons		
INGREDIENTS WEIGHTS MEASURES			METHOD	
Cream, whipping, cold		2 qt		1. Pour cream into chilled mixer bowl. Using whip, whip 3 to 7 minutes at medium speed or until slightly thickened.
Sugar, powdered, sifted Vanilla	5 oz	1 <sup>1</sup> / <sub>4</sub> cups 2 tbsp		<ol> <li>Gradually add sugar and vanilla.         Whip 7 to 8 minutes or until stiff         (DO NOT OVERWHIP).</li> <li>Cover; refrigerate until ready to serve.</li> </ol>

# NOTE:

- 1. Keep cream chilled before and during serving period.
- 2. Whip cream in small batches of not more than 1 gal cream (measured before whipping) at one time.
- 3. In Step 1, DO NOT use a mixer bowl larger than 20 qt.

## WHIPPED TOPPING

YIELD 100 Portions	ortions: (5 Quarts) EACH PORTION: 3 Tbsp (1/2 Ounce)			
INGREDIENTS	WEIGHTS	MEASURES		METHOD
Water, cold Topping, dessert and bakery products, dehydrated Milk, nonfat, dry Vanilla (optional)	1 lb 31/4 oz 1 oz	2/ <sub>3</sub> cup		<ol> <li>Place cold water in mixer bowl; add topping, milk, and vanilla. Using whip at low speed, whip 3 minutes or until well blended. Scrape down bowl.</li> <li>Whip at high speed 5 to 10 minutes or until stiff peaks form. Cover; refrigerate until ready to serve.</li> </ol>

NOTE: When topping is used for icing cakes, fold 8 oz (2 cups) sifted powdered sugar into whipped topping.

### VARIATION

1. WHIPPED TOPPING (TOPPING, DESSERT AND BAKERY PRODUCTS, FROZEN): Omit Steps 1 and 2. Use 3 lb 6 oz (1½ qt-1/2-6½ to 7 lb cn) topping, dessert and bakery products, frozen. Thaw topping in chilled mixer bowl. Using whip at medium speed, whip topping 10 to 20 minutes or until stiff peaks form. Cover; refrigerate until ready to serve. EACH PORTION: About 3 Tbsp (½ Ounce)

#### RUM SAUCE

YIELD: 100 Portions (31/4 Quarts)			EAC	H PORTION: 2 Tablespoons (1 Ounce)
INGREDIENTS	WEIGHTS	MEASURES		METHOD
Butter or margarine Sugar, brown, packed	2 lb 8 oz 4 lb	1 <sup>1</sup> / <sub>4</sub> qt 8 <sup>1</sup> / <sub>2</sub> cups		1. Melt butter or margarine; add brown sugar; cook at low heat 2 minutes, stirring constantly.
Milk, nonfat, dry Water	2 oz			<ol> <li>Reconstitute milk; add to sugar mixture. Cook, stirring constantly, until mixture comes to a boil.</li> <li>Remove immediately from heat; cool 10 minutes.</li> </ol>
Rum flavoring		1/4 cup		4. Add rum flavoring; stir until well blended.

NOTE: 1. Sauce may be served over puddings, plain cake, fruit cake, and ice cream.

2. One Size 0 ladle may be used. See Recipe No. A-4.

# K. DESSERTS (SAUCES AND TOPPINGS) No. 4 CHERRY SAUCE

YIELD: 100 Portion	s (1 Gallon)	E.	ACH POF	RTION: 21/2 Tablespoons (1 Ounce)
INGREDIENTS	WEIGHTS	MEASURES		METHOD
Pie filling, cherry, prepared Water	8 lb 12 oz 8 oz	1 <sup>1</sup> / <sub>4</sub> -No. 10 cn 1 cup		Combine pie filling with water     in mixer bowl. Mix well.

NOTE:

- 1. Sauce may be served over ice cream, puddings or plain cake.
- 2. One Size 0 ladle may be used. See Recipe No. A-4.

#### CHOCOLATE SAUCE

YIELD: 100 Portions (31/4 Quarts)			EACH PORTION: 2 Tablespoons (1 Ounce)		
INGREDIENTS	WEIGHTS	MEASURES		METHOD	
Milk, nonfat, dry Water, warm	8 oz	$1^{3/_4}\mathrm{cups}$ $1^{1/_2}\mathrm{qt}$		1. Reconstitute milk. Set aside for use in Step 3.	
Sugar, granulated Cocoa Water, cold	3 lb 12 oz	$6^{3/4}$ cups $3$ cups $\dots$ $2$ cups $\dots$		2. Mix sugar and cocoa with water to form a paste. Bring to a boil, stirring constantly; cool slightly.	
Butter or margarine Vanilla	10 oz	1 <sup>1</sup> / <sub>4</sub> cups 1 tbsp		<ol> <li>Add milk stirring constantly.         Bring to a boil; cook 3 minutes.         Remove from heat immediately.     </li> <li>Add butter or margarine and vanilla; stir. Serve warm or at room temperature.</li> </ol>	

## NOTE:

- 1. Sauce may be served over ice cream, puddings or cooled plain uniced cake squares.
  - 2. In Step 2, 1 lb chocolate, cooking, unsweetened may be used for cocoa. In Step 4, reduce butter or margarine to 2 oz (1/4 cup). Add chocolate with butter or margarine.
  - 3. One Size 0 ladle may be used. See Recipe No. A-4.

#### **VARIATIONS**

- 1. CHOCOLATE COCONUT SAUCE: Follow Steps 1 through 4. Just before serving, add 1 lb (5½ cups) prepared, sweetened, flaked coconut to sauce; mix well.
- 2. CHOCOLATE MARSHMALLOW SAUCE: Follow Steps 1 through 4. Just before serving, add 1 lb (21/4 qt) miniature marshmallows to sauce; mix well.
- 3. CHOCOLATE NUT SAUCE: Follow Steps 1 through 4. Just before serving, add 1 lb (1 qt) chopped unsalted nuts to sauce; mix well.
- 4. CHOCOLATE MINT SAUCE: Follow Steps 1 through 3. In Step 4, use 1 thsp peppermint flavoring for vanilla.

# CHERRY JUBLIEE SAUCE

YIELD: 61/4 Quarts				EACH PORTION: 1/4 Cup (2 Ounces)
INGREDIENTS	WEIGHTS	MEASURES		METHOD
Cherries, dark sweet, pitted Reserved juice plus water	13 lb 8 oz	11/2 gal (2- No. 10 cn) 1 gal	1	1. Drain cherries; set aside for use in Step 5; add enough water to cherry juice to make 1 gal.
Starch, corn Salt Sugar, granulated	4 oz	3/4 cup 1 tsp 1 qt		<ol> <li>Combine cornstarch, salt and sugar. Add liquid; mix well.</li> <li>Cook over medium heat until mixture comes to a boil.</li> <li>Reduce heat; continue cooking slowly, stirring occasionally until sauce is thick and clear.</li> </ol>
Flavoring, brandy		3 tbsp	• • • • • •	<ul><li>5. Remove from heat; add brandy flavoring and cherries.</li><li>6. Serve warm or cold.</li></ul>

- NOTE: 1. Sauce may be served warm over vanilla ice cream or cold over vanilla pudding or white or yellow cake squares.
  - 2. One Size 1 ladle may be used. See Recipe No. A-4.

K. DESSERTS (SAUCES AND TOPPINGS) No. 7

# STRAWBERRY GLAZE TOPPING

YIELD: 100 Portions (3	3/ <sub>4</sub> Quarts)	EACH	PORTION: 21/2 Tbsp (11/2 Ounce)	
INGREDIENTS	WEIGHTS	MEASURES		METHOD
Strawberries, thawed	9 lb	1 gal		1. Drain strawberries. Set juice aside for use in Step 2; berries for use in Step 3.
Cornstarch Sugar, granulated Reserved strawberry juice	71/ <sub>2</sub> oz 12 oz 5 lb 3 oz	12/ <sub>3</sub> cups 13/ <sub>4</sub> cups 2 <sup>1</sup> / <sub>4</sub> qt		2. Combine cornstarch, sugar and strawberry juice. Bring to a boil. Cook at medium heat, stirring constantly until thick and clear. Remove from heat.
Reserved strawberries	3 lb 12 oz	$6^{1/2}\mathrm{cups}$		<ul><li>3. Fold strawberries into thickened mixture.</li><li>4. Chill topping.</li></ul>

NOTE: May be used as topping for cheese cake, cream pie, vanilla pudding or plain cake.

#### VANILLA SAUCE

YIELD: 100 Portions	(11/2  Gallon)	s)	EAC	H PORTION: 1/4 Cup (21/2 Ounces)
INGREDIENTS	WEIGHTS	MEASURES		METHOD
Sugar, granulated Starch, pregelatinized Salt	2 lb 10 oz 5 oz	$1^{1/2}$ qt $1^{1/8}$ cups 1 tsp		<ol> <li>Combine sugar, starch and salt in mixer bowl; mix at low speed until well blended. DO NOT WHIP.</li> </ol>
Water, boiling	12 lb	$1^{1/}2$ gal	• • • • •	2. Add water gradually to dry mixture while beating at low speed. Scrape down bowl. Continue mixing until smooth.
Margarine or butter Vanilla	8 oz 1 oz	1 cup 2 tbsp		3. Add margarine or butter and vanilla; mix well.

NOTE:

- 1. In Step 1, 7 oz (1½ cups) cornstarch may be used for pregelatinized starch. Combine sugar, starch and salt in steam-jacketed kettle or stock pot. In Step 2, slowly blend cold water into cornstarch mixture. Bring to a boil; cook 5 minutes or until thick and clear; remove from heat. Follow Step 3.
- 2. Sauce may be served over puddings, fruit and plain cake.
- 3. One Size 1 ladle may be used. See Recipe No. A-4.

K. DESSERTS (SAUCES AND TOPPINGS) No. 9

LEMON SAUCE

YIELD: 100 Portions (11/2 Gallons)			E	ACH PORTION: 1/4 Cup (2 Ounces)
INGREDIENTS	WEIGHTS	MEASURES		METHOD
Sugar, granulated Starch, pregelatinized Salt	4 lb 9 oz	$2^{1/4}$ qt $2$ cups $1^{1/2}$ tsp		1. Combine sugar, starch, and salt in mixer bowl; mix at low speed until well blended. DO NOT WHIP.
Water, boiling	8 lb	1 gal		2. Add water gradually to dry mixture while beating at low speed. Scrape down bowl. Continue mixing until smooth.
	8 oz	1 cup		3. Add margarine or butter, lemon juice and lemon rind; mix well.

- NOTE: 1. In Step 1, 7 oz (1½ cups) cornstarch may be used for pregelatinized starch. Combine sugar, starch and salt in steam-jacketed kettle or stock pot. In Step 2, slowly blend cold water into cornstarch mixture. Bring to a boil. Cook 2 minutes or until thick and clear; remove from heat. Follow Step 3.
  - 2. In Step 3, 3 lb lemons A.P. (12 lemons) will yield 2 cups juice and 1/4 cup lemon rind.
  - 3. Sauce may be served over puddings, gingerbread and plain cake.
  - 4. One Size 1 ladle may be used. See Recipe No. A-4.